



FOR IMMEDIATE RELEASE

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**Pine Valley Community Village introduces innovative and comprehensive wellness and activities program for older adults through nationally recognized wellness and therapy company.**

*EnerG by Aegis Therapies will be providing wellness and activities programming beginning February 1, 2018 that expands upon the facility's current offerings and provides a multi-dimensional approach to overall wellness.*

Richland Center, WI. Patients and caregivers will soon have a new program to add to the list of exciting offerings available at Pine Valley Community Village when the facility's current physical, occupational and speech therapy provider, Aegis Therapies, introduces their state-of-the-art wellness and activity programming, EnerG by Aegis to the community Feb. 12.

"We selected EnerG by Aegis because of its outstanding multi-dimensional approach to wellness that provides extensive options to our patients and residents to engage in activities that support their physical, occupational, intellectual, social, spiritual, environmental and emotional health and wellness," said Kathy Cianci, Administrator, Pine Valley Community Village. "Regardless of physical ability or setting, EnerG offers a fully customizable wellness program that can be tailored to fit the needs of any individual. We are also excited about the future possibilities this has for the Richland Center community."

"We are proud to work with Pine Valley Community Village as they continue to proactively develop solutions for health and wellness in the area," said Matt Preston, Director of Rehab, Aegis Therapies. "In addition to the rehabilitation care patients receive, our therapists will now be able to work closely with our wellness and activities staff to help patients optimize their recovery and quality of life with the EnerG programs."

EnerG by Aegis programs and activities are designed to be approachable, comfortable and effective. Classes focus on age-related conditions including balance and fall prevention, diabetes,

memory, cognition, bone health and pain management along with unique offerings including yoga and Tai Chi. Activities also address quality of life through classes, programs and events that focus on EnerG's seven dimensions of wellness: physical, occupational, intellectual, social, spiritual, environmental and emotional.

### **About Aegis Therapies**

As one of the nation's leading providers of contract rehabilitation and wellness services, professionals at Aegis Therapies apply proven techniques to help patients move through life to increase their freedom and independence.

No matter the setting, Aegis specializes in providing services that adapt to each patient's individualized needs. Therapists use cutting-edge technology and innovation to help restore strength and confidence after illness, injury or surgery.

### **About Pine Valley Community Village**

Pine Valley Community Village is a publicly-directed, cost-effective skilled healthcare and rehabilitation facility dedicated to providing quality physical, spiritual and emotional care to residents who require short and long-term care services. Pine Valley's caring well-trained staff assists individuals to meet their needs in a home-like environment focusing on their health care goals while maintaining their dignity and quality of life in a home-like environment.

Pine Valley serves a critical role in the continuum of care, promoting quality health practices and serving both nursing home and assisted living residents.

Pine Valley Community Village provides care for assisted living, short-term rehabilitation stays, long-term stays and provides outpatient therapy. Committed to quality of life for each resident, Pine Valley offers excellent clinical services in a caring and compassionate atmosphere. Some of the many services offered to meet the needs of our residents include, Physical Therapy, Occupational Therapy, Speech Therapy, Nursing Services, Social Services, Activities, Dietary and the Music and Memory Program. For more information, please call 608-647-2138 or visit <http://pinevalleycommunity.org/>

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